

Directions and Parking

Southern California

Directions from the Southbound 5:

Take the **Los Feliz** exit West
Turn **right** on **Los Feliz**, then immediately
Turn **right** on **Crystal Springs Drive**
Follow signs to **Lot 3 past the Merry-Go-Round**.
Continue towards **Shane's Inspiration
Playground** parking lot

Directions from the Northbound 5:

Take **Griffith Park Drive** exit
Turn **right** on **Crystal Springs Drive**
Follow signs to **Lot 3 past the Merry-Go-Round**.
Continue towards **Shane's Inspiration
Playground** parking lot

Directions from the Eastbound 134:

Take **Victory Boulevard** exit
Turn **right** at the end of the **off-ramp**
Make an **immediate left** onto **Zoo Drive**
Follow Zoo Drive past the Zoo
Follow signs to **Lot 3 past the Merry-Go-Round**.
Continue towards **Shane's Inspiration
Playground** parking lot

Parking is in **Lot 3**. Follow the park signs toward
the Merry-Go-Round. Drive through Lot 1.
Continue past Lot 2. Turn right after you pass
Lot 2 to access Lot 3 where you'll park adjacent to
Shane's Inspiration Playground.

Registration located **adjacent to Shane's
Inspiration Playground**



Northern California

Directions from the East Bay:

Take **I-80 West** to Bay Bridge, **cross Bay Bridge**
Take **Exit 2C for Folsom St** to the right
Continue straight to Fremont St
Turn **right** at **Folsom St**
Turn **left** at **The Embarcadero**
Turn **left** at **Bay St**
Turn **right** on **Laguna**
Laguna becomes **Marina Blvd**
Stay in right lane on to **Mason St**.
Proceed through parking lot all the way to the
Warming Hut Café.

Directions from the North Bay:

From **Marin**, head **South** on **US-101**
Cross Golden Gate Bridge; go thru toll booth
Immediately after toll booth, turn **right** at **25th
Ave Exit** (becomes Merchant Rd)
Turn **left** on **Lincoln Blvd**
After 0.58 miles turn **left** to stay on Lincoln Blvd
Take the 1st **left** onto **McDowell Ave** (named
Park Blvd on the right).
Turn **right** onto **Mason St** and after 1/2 block
Turn **left** to stay on **Mason St**.
Proceed through parking lot all the way to the
Warming Hut Café.

Directions from the South Bay:

Take **I-280 North**, (becomes CA-1 North)
Turn **left** onto **19th Ave** (becomes Crossover Dr)
Turn **right** onto **Park Presidio Bypass Blvd**
(Park Presidio Bypass Blvd becomes Veterans Blvd)
Take ramp to Golden Gate Bridge
Merge on 101-N.
Before crossing Bridge turn **right** at **Exit 439**
(This is the **last exit** before you're on the bridge!)
Turn **left** on **Lincoln Blvd**
After 0.58 miles turn **left** to stay on Lincoln Blvd
Take the 1st **left** onto **McDowell Ave** (named
Park Blvd on the right).
Turn **right** onto **Mason St** and after 1/2 block
Turn **left** to stay on **Mason St**.
Proceed through parking lot all the way to the
Warming Hut Café.

Parking is metered and can be difficult so
arrive early

Registration is located near the **Warming
Hut in the West Bluff Amphitheater**.

Tip: Bring a jacket because it can be windy

Online Awareness & Fundraising



Every time you
speak with
someone about
the **WALK**
you raise
awareness of **PWS!**

Watch and Share **Walking for PWS**
www.youtube.com/watch?v=UMr7qGUNZuI

Invite friends, family, neighbors, and
co-workers to learn more about **PWS**

- Direct them to www.PWCF.org
- Direct them to the *Walking for PWS*
YouTube video (see link above)
- Send them the DVD (available from
PWCF)

Personalize your own online **WALK** page
www.pwcf.org/WalkingForPWS

Ask for a donation to support your cause

- \$25 from just 4 sponsors raises \$100
- Be a larger fundraiser and win a great
prize

Invite everyone you know to the **WALK!**

Post a **PWS WALK Sign** in your yard and
raise even *more* awareness

Help Us Save Lives
and Keep Families Strong



514 N. Prospect Avenue, Suite 110-LL
Redondo Beach, CA 90277
310.372.5053 | Fax 310.372.4329
Toll free in CA 800.400.9994
info@pwcf.org | pwcf.org

Prader-Willi California Foundation

Prader-Willi syndrome (PWS) causes a drive to eat that is never satisfied no matter how much food is eaten, a metabolism that is almost half the normal rate, weak muscles, growth failure, learning problems, behavior problems, and more.

PWCF is here to help

Prader-Willi California Foundation provides education, support, and advocacy services to persons with PWS, family members, and the professionals who serve them. We are the only organization in California solely dedicated to providing families and professionals with the tools they need.

Since 1979, we have been improving the quality of life of all who are challenged by PWS. Please help us with your donation today!



PWCF Improves Lives

"I was [at the Northern CA WALK event] supporting my cousin, Nolan. I **appreciate** the **support** that the organization and PWCF community provides my family and those with this unique and difficult challenge. Thank you so very much!

~ Michael Denatale

We definitely do not have enough words to express our appreciation for all of what you have done, supported, **comforting** us in all situations we have been through. I came to US for the past 28 years from a war-torn country of Vietnam to start my life anew but I never had anyone, any organization giving myself, my family, my child such a **loving** and **caring** hands as PWCF. I learnt so much from all of your supporting activities.

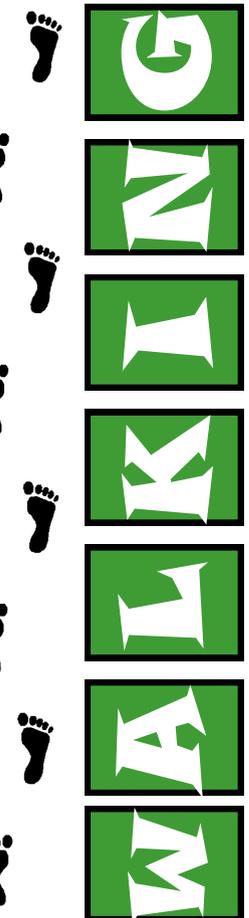
~ Dave Nguyen

Thank you so much for providing the [residential staff] **training** to our team. I know that everyone found the information extremely **valuable!!!** Again, thank you for working with us over the last few months!!

~ Athena Zografos



17th Annual



for Prader-Willi Syndrome

SUNDAY, APRIL 30, 2017
SOUTHERN CALIFORNIA

MAY 2017
VIRTUAL STATEWIDE WALK

SATURDAY, JUNE 17, 2017
NORTHERN CALIFORNIA